

Questions for Psychoeducation

Use these questions for Psychoeducation, add in the trauma type for each question, and add in any abuse-specific or child-specific questions to (1) make sure all relevant psychoeducation topics are covered and (2) learn more about how the child/adolescent views their experience.

What is _____? What are some examples of _____?

How do kids feel when/who have been _____?

How many kids does _____ happen to? What kinds of kids does _____ happen to?

What kinds of worries do kids who've been through _____ have? What do they think about?

What are some common things that kids do after they've been through _____?

How can you tell if another kid has been through _____?

Can other people tell that you've experienced _____?

What happens to kids who have experienced _____, when they grow up?

What are some reasons that some kids don't (tell /get help) right away if they're experiencing _____?

What are some things that a kid could do if s/he wanted to get help with/about _____?

Whose fault or responsibility is _____?

Is it ever the kid's fault? What if _____? Is it the kid's fault then?

Why does _____ happen? What do adults say to kids about _____?

What kind of help is there for parents/caregivers who _____?

What happens to adults who _____?

When adults do _____ does it mean that they hate kids / are angry at the kids?